

# The Spa at Griffin Gate

1800 NEWTOWN PIKE - LEXINGTON, KY 40511

OPEN DAILY  
Appointment Required  
859.288.6175

## Our Signature Services

### Kentucky Moon CBD Massage (90 Minutes)

Unwind and enjoy this soothing treatment that will relax you from head to toe. It begins with a 60 minute blissful massage with self-warming, full spectrum Kentucky grown hemp oil, followed by a soothing facial massage, a conditioning scalp massage, and a rejuvenating hand and foot treatment.

### The Griffin Gate HydraFacial (60 Minutes)

This service combines the relaxation benefits of a European-style facial with the powerful cleansing, exfoliation, extractions, and hydration that only a HydraFacial can deliver. This indulgent treatment also includes a personalized serum, mask, and LED light therapy to visibly reduce signs of aging.

## Spa Body Treatments

### Pink Himalayan Salt Wrap (90 Minutes)

This detoxifying wrap includes an application of purifying Himalayan salt, followed by a heated wrap, a refreshing facial mask and full-body massage.

### Anti-Aging Salt Scrub (60 Minutes)

The tropical aroma of this body treatment awakens the senses while the salt and powerful fruit enzymes work to exfoliate and smooth the skin, visibly improving the texture.

### Cactus-Agave Soothing Wrap (60 Minutes)

This deeply healing treatment delivers anti-inflammatory and repairing benefits as it heals dry skin. Featuring no-rinse technology, this wrap stays on your skin for lasting moisture.

### Raindrop Therapy Detox (60 Minutes)

This unique treatment involves layering nine essential oils known to support the immune system, relieve muscular pain, and create balance within the body for up to one week.

Add a 30 min. massage to your treatment for an additional fee.

## Massage Services

### Deep Tissue Muscle Melt (60 or 90 Minutes)

This highly therapeutic, targeted service offers a customized blend of modalities, including deep tissue massage and trigger point therapy, to completely restore your muscles.

### Bluegrass Blend (60 or 90 Minutes)

Enjoy a truly unique massage experience that utilizes a combination of Swedish massage, deep tissue techniques, reflexology, and hot stone therapy.

### Swedish Massage (60 or 90 Minutes)

Gentle, rhythmic, Swedish massage, paired with perfectly warmed stones will sooth muscles and calm the mind.

### Nurturing Prenatal Massage (60 or 90 Minutes)

*For second and third trimesters only.*

This service promotes muscle and joint function, improves circulation, and relieves the mental and physical fatigue associated with pregnancy.

Each massage service includes your choice of ONE of the following complimentary enhancements:

*Aromatherapy  
Bluegrass Hemp CBD Oil  
Yoga Balm Deep Healing Muscle Salve*

## HydraFacial Treatments

### Platinum HydraFacial (60 Minutes)

The experience begins with detoxifying lymphatic drainage, followed by deep cleansing, exfoliation, extractions, and hydration PLUS a personalized booster and LED light therapy.

### Deluxe HydraFacial (45 Minutes)

In addition to deep cleansing, exfoliation, extractions, and hydration, this treatment also includes a personalized booster and LED light therapy to visibly reduce signs of aging.

### Signature HydraFacial (30 Minutes)

This treatment involves deeply cleansing, exfoliating, and extracting impurities while simultaneously infusing nourishing ingredients to hydrate the skin.

### OPTIONAL Perks for Eyes and Lips (15 Minutes)

**Eye:** Hydrates and brightens the eye area for a refreshed and renewed look

**Lip:** Exfoliates, hydrates, and plumps the lips.

Add dermaplaning to any facial for an additional fee.

## European Spa Facials

### Age-Regenerating Stem Cell Facial (60 Minutes)

Infused with collagen, retinol, and elastin, this facial is ideal for mature skin desiring complete rejuvenation and reversal of aging signs.

### Renewing Lift & Glow Facial (60 Minutes)

This facial delivers an immediate repair boost that will leave skin looking it's absolute best. It renders the skin ultra-luminous, with a firmer, tighter, and more youthfully defined appearance.

### Botanical Power Repair Facial (60 Minutes)

This service can be customized to address all skin types and concerns, including sensitive skin, acne, rosacea, sun damage, and is ideal for meeting the unique needs of gentlemen's skin.

### Farm-to-Spa Organic Facial (60 Minutes)

Indulge your senses and treat your skin to a clean, gentle facial that combines high-quality organic ingredients with Old World knowledge to heal and beautify.

Each spa facial includes your choice of ONE of the following complimentary enhancements:

*Organic Facial Peel  
De-Stress Eye Treatment  
Galvanic, Microcurrent, Oxygen, or Ultrasonic Therapy*



Scan the QR Code to Book Online!

# The Spa at Griffin Gate

1800 NEWTOWN PIKE - LEXINGTON, KY 40511

OPEN DAILY  
Appointment Required  
859.288.6175

## Salon Services

### Gel Manicure or Pedicure (60 Minutes)

Upgrade your Spa Manicure or Pedicure to include the application of our premium European line of gel polish. Our gel formulas are vegan, cruelty-free, and can last up to 4 weeks.

### Gel Mani/Pedi Combo (110 Minutes)

Bundle these two gel nail services and save!

### Deluxe Manicure or Pedicure (60 Minutes)

Indulge in our deluxe nail services that include a luxurious scrub, callus removal, massage, mask, hot towels, and moisturizer. Nails are trimmed, cuticles cared for, and polish is perfectly applied.

### Deluxe Mani/Pedi Combo (110 Minutes)

Bundle these two deluxe nail services and save!

### Spa Manicure or Pedicure (40 Minutes)

Enjoy our classic nail services enhanced with a luxurious scrub, callus removal, massage, and moisturizer. Nails are trimmed, cuticles cared for, and polish is perfectly applied.

### Spa Mani/Pedi Combo (75 Minutes)

Bundle these two spa nail services and save!

Gel removal or polish change (15 Minutes)

Waxing available by request.

## Couples Services

Ask us about customized couple's treatments. Based on availability, we may be able to perform side-by-side body treatments and massage services from our menu in a private couple's suite for an additional fee.

We also offer side-by-side pedicures in our secluded nail salon!

## Booking Groups and Multiple Services

We are committed to making your spa experience memorable, enjoyable, and highly personalized.

Contact us today to learn more about booking a spa day for your group or a multi-service day of pampering for yourself. Our team will help you create a customized treatment plan that is perfect for YOU!

## The Spa Boutique

Shop our selection of world-class health and beauty brands, like Pevonia, Farmhouse Fresh, Bluegrass Hemp Oil, Eminence Organics, Davines, and Jane Iredale Cosmetics! Spa Gift Certificates are also available for purchase.

Find us online at [bit.ly/TheSpaAtGriffinGate](https://bit.ly/TheSpaAtGriffinGate)



## The Guest Experience

### RESERVATIONS

To ensure your preferred appointment time, we recommend booking at least a week in advance. A credit card is required to guarantee the reservation.

Services are subject to availability, and our menu and pricing may be subject to change without notice.

### ARRIVAL

Plan to check in at least 15 minutes prior to your appointment. We will provide you with complimentary refreshments in our co-ed relaxation room.

Service time will not be extended for late arrivals and the full price of the service will be charged.

Please let our staff know about any health issues (recent surgeries, pregnancy, allergies, etc.) prior to your service.

We strongly recommend leaving valuables at home. The Spa at Griffin Gate is not responsible for lost or stolen items.

### SPA REQUIREMENTS

Spa access is reserved only for guests receiving treatments. We welcome guests of all ages, however, a parental chaperone and a signed release form are required for those under 18.

We ask that you turn off or silence cellphones while you're here. Please step outside the spa if you must make or receive a call.

### CANCELLATION POLICY

A 24 hour notice is required for cancellations or changes to all appointments. Insufficient notice of cancellations may be subject to charges up to the full price of the service.

All no-shows will be charged full service price.

### GRATUITIES

For your convenience, a 22% service charge is automatically added to each spa service, which includes a gratuity for your provider. Additional gratuities are at your discretion.

### PAYMENT METHODS

We gladly accept all major credit cards, Marriott gift cards, SpaFinder gift cards, spa gift certificates, and room charges. Cash and checks are not accepted.

\*Service rates may vary on weekends and holidays.

## Spa Amenities

While you're here, enjoy all of the luxurious amenities available exclusively to our spa guests!

- Newly-renovated co-ed relaxation lounge with complimentary beverages and snacks
- Heated herbal neck wraps to help you relax before services
- Robes, slippers, and lockers available upon request
- Private men's and women's lounges with showers and steam rooms\*
- \*Steam room sessions are available by appointment only, at no additional charge. So our guests may enjoy a private experience, each 30 minute session is limited to ONE reservation group (or single reservation-holder) at a time.
- Alcoholic and non-alcoholic spa cocktails, Prosecco, and soft drinks are available for purchase at our reception desk.
- Outside food and beverages are not allowed inside the spa.