

# The Spa at Griffin Gate

1800 NEWTOWN PIKE - LEXINGTON, KY 40511  
THESPAATGRIFFINGATE.COM

OPEN DAILY  
Appointment Required  
859.288.6175

*"Create your most memorable and enjoyable spa experience, personalized to meet your wellness needs."*

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## Indulge

*Our premium services deliver an experience you can only find at Griffin Gate*

### Kentucky Moon Deluxe CBD Massage (90 Minutes)

Unwind and enjoy this soothing treatment that will relax you from head to toe. It begins with a 60 minute blissful massage with self-warming oil made with full spectrum Kentucky grown hemp, followed by a soothing facial massage, a conditioning scalp massage, and a rejuvenating hand and foot treatment.

### The Griffin Gate HydraFacial Experience (60 Minutes)

This service combines the relaxation benefits of a European-style facial with the powerful cleansing, exfoliation, extractions, and hydration that only a HydraFacial can deliver. This indulgent treatment also includes a personalized serum, mask, and LED light therapy to visibly reduce signs of aging.

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## Detoxify

*Treatments designed to remove impurities and promote health and balance within the body's systems*

### Lymphatic Drainage Massage (60 Minutes)

This form of gentle massage can help reduce swelling and improve circulation throughout the lymphatic system, helping the body remove toxins and waste more efficiently.

### Raindrop Therapy Detox (75 Minutes)

This unique body treatment involves layering nine essential oils known to support the immune system, relieve muscular pain, and create balance within the body for up to one week.

### Platinum HydraFacial (60 Minutes)

The experience begins with detoxifying lymphatic drainage, followed by cleansing, exfoliation, extractions, and hydration, plus a personalized booster and LED light therapy.

## Soothe

*Therapeutic services that soothe and repair, leaving you feeling refreshed and restored*

### Deep Tissue Muscle Melt (60 or 90 Minutes)

This highly therapeutic, targeted service offers a customized blend of modalities, including deep tissue massage and trigger point therapy, to completely restore your muscles.

### Cactus-Agave Soothing Body Wrap (75 Minutes)

This deeply healing treatment delivers anti-inflammatory and repairing benefits as it heals dry skin. Featuring no-rinse technology, this wrap stays on your skin for lasting moisture.

### Botanical Power Repair Facial (60 Minutes)

This service can be customized to address all skin types and concerns, including sensitive skin, acne, rosacea, sun damage, and is ideal for meeting the unique needs of gentlemen's skin.

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## Rejuvenate

*Powerful anti-aging therapies to smooth, firm, and tighten skin, revealing a more youthful appearance*

### Anti-Aging Body Scrub (75 Minutes)

The tropical aroma of this treatment awakens the senses while the salt and powerful fruit enzymes work to exfoliate and smooth the skin.

### Crepe-No-More Body Wrap (75 Minutes)

Rich ingredients like fruit seed extract and marine collagen improve skin texture as antioxidants and caffeine stimulate cellular metabolism to break down cellulite.

### Age-Regenerating Stem Cell Facial (60 Minutes)

Infused with collagen, retinol, and elastin, this facial is ideal for mature skin desiring complete rejuvenation and reversal of aging signs.

### Renewing Lift & Glow Facial (60 Minutes)

This facial delivers an immediate repair boost that will leave skin looking its absolute best: firmer, tighter, and more youthful.

## Relax

*Classic spa services that promote a sense of wellbeing and relaxation*

### Bluegrass Blend Massage (60 or 90 Minutes)

Enjoy a truly unique massage experience that utilizes a combination of Swedish massage, deep tissue techniques, reflexology, and hot stone therapy.

### Swedish Massage (60 or 90 Minutes)

Gentle, rhythmic, Swedish massage, paired with perfectly warmed stones will soothe muscles and calm the mind.

### Nurturing Prenatal Massage (60 or 90 Minutes) (Second and third trimesters only.)

This service promotes muscle and joint function, improves circulation, and relieves the mental and physical fatigue associated with pregnancy.

### Farm-To-Spa Organic Facial (60 Minutes)

Indulge your senses and treat your skin to a clean, gentle facial that combines high-quality organic ingredients with Old World knowledge to heal and beautify.

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### Deluxe Manicure or Pedicure (60 Minutes)

Indulge in our deluxe nail services that include a luxurious scrub, callus removal, massage, mask, hot towels, and moisturizer. Nails are trimmed, cuticles cared for, and polish is perfectly applied.

### Spa Manicure or Pedicure (40 Minutes)

Enjoy our classic nail services enhanced with a luxurious scrub, callus removal, massage, and moisturizer. Nails are trimmed, cuticles cared for, and polish is perfectly applied.

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## Spa Body Treatments

<u>Crepe-No-More Body Wrap (75 Minutes)</u> .....	\$235 and up*
<u>Anti-Aging Body Scrub (75 Minutes)</u> .....	\$235 and up*
<u>Cactus-Agave Soothing Wrap (75 Minutes)</u> .....	\$235 and up*
<u>Raindrop Therapy Detox (75 Minutes)</u> .....	\$235 and up*

## HydraFacial Treatments

<u>Platinum HydraFacial (60 Minutes)</u> .....	\$329 and up*
<u>The Griffin Gate HydraFacial (60 Minutes)</u> .....	\$299 and up*
<u>Deluxe HydraFacial (45 Minutes)</u> .....	\$249 and up*
<u>Signature HydraFacial (30 Minutes)</u> .....	\$199 and up*
<u>OPTIONAL Perks for Eyes and Lips (15 Minutes)</u> .....	\$39+

## Massage Services

<u>Kentucky Moon Deluxe CBD Massage (90 Minutes)</u> .....	\$265 and up*
<u>Deep Tissue Muscle Melt (60 or 90 Minutes)</u> .....	\$195 and up*
<u>Lymphatic Drainage Massage (60 Minutes)</u> .....	\$195 and up*
<u>Bluegrass Blend Massage (60 or 90 Minutes)</u> .....	\$175 and up*
<u>Swedish Massage (60 or 90 Minutes)</u> .....	\$165 and up*

## European Spa Facials

<u>Age-Regenerating Stem Cell Facial (60 Minutes)</u> .....	\$195 and up*
<u>Renewing Lift &amp; Glow Facial (60 Minutes)</u> .....	\$195 and up*
<u>Botanical Power Repair Facial (60 Minutes)</u> .....	\$185 and up*
<u>Farm-to-Spa Organic Facial (60 Minutes)</u> .....	\$165 and up*
Add dermaplaning to any facial (30 Minutes).....	\$55

## Couples Services

Ask us about customized couple's experiences in our private suite!  
Based on availability, additional charges may apply.

## Groups and Multiple Services

Contact us today to learn more about booking a spa day for your group or a multi-service day of pampering for yourself.

## The Spa Boutique

Shop our selection of world-class health and beauty brands, like Pevonia, Farmhouse Fresh, Eminence Organics, Davines, and Jane Iredale Cosmetics!  
Spa Gift Certificates are also available for purchase.

## Salon Services

<u>Deluxe Manicure or Pedicure (60 Minutes)</u> .....	\$75 \$95 and up*
<u>Deluxe Mani/Pedi Combo (90 Minutes)</u> .....	\$159 and up*
<u>Spa Manicure or Pedicure (40 Minutes)</u> .....	\$55 \$75 and up*
<u>Spa Mani/Pedi Combo (60 Minutes)</u> .....	\$119 and up*
Gel removal (15 Minutes).....	\$25
Gel upgrade.....	\$25

Service rates may vary on weekends and holidays.

## Spa Amenities

While you're here, enjoy all of the luxurious amenities available exclusively to our spa guests: relaxation room with complimentary drinks and snacks, warm herbal neck wraps, showers, and more! Infrared sauna and steam rooms are also available, reservation required.

## Guest Information

### RESERVATIONS

To ensure your preferred appointment time, we recommend booking at least a week in advance. A credit card is required to guarantee the reservation. Services are subject to change based on availability.

### ARRIVAL

Plan to check in 15 minutes prior to your appointment. Service time will not be extended for late arrivals and the full price of the service will be charged.

### SPA REQUIREMENTS

Spa access is reserved only for guests receiving treatments. We welcome guests of all ages, however, a parental chaperone and a signed release form are required for those under 18.

### CANCELLATION POLICY

A 24 hour notice is required for cancellations or changes to all appointments. Insufficient notice of cancellations may be subject to charges up to the full price of the service. All no-shows will be charged full service price.

### GRATUITIES

For your convenience, a 22% service charge is automatically added to each spa service, which includes a gratuity for your provider. Additional gratuities are at your discretion.

### PAYMENT METHODS

We gladly accept all major credit cards, Marriott gift cards, SpaFinder gift cards, spa gift certificates, and room charges. Cash and checks are not accepted.



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## Spa Policies

### RESERVATIONS

To ensure your preferred appointment time, we recommend booking at least a week in advance. A credit card is required to guarantee the reservation.

Services are subject to availability, and our menu and pricing may be subject to change without notice.

### ARRIVAL

Plan to check in at least 15 minutes prior to your appointment. We will provide you with complimentary refreshments in our co-ed relaxation room.

Service time will not be extended for late arrivals and the full price of the service will be charged. Please let our staff know about any health issues (recent surgeries, pregnancy, allergies, etc.) prior to your service.

We strongly recommend leaving valuables at home.  
The Spa at Griffin Gate is not responsible for lost or stolen items.

### SPA REQUIREMENTS

Spa access is reserved only for guests receiving treatments. We welcome guests of all ages, however, a parental chaperone and a signed release form are required for those under 18.

We ask that you turn off or silence cellphones while you're here. Please step outside the spa if you must make or receive a call.

### CANCELLATION POLICY

A 24 hour notice is required for cancellations or changes to all appointments. Insufficient notice of cancellations may be subject to charges up to the full price of the service.

All no-shows will be charged full service price.

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## Spa Amenities

While you're here, enjoy all of the luxurious amenities available exclusively to our spa guests!

- Newly-renovated co-ed relaxation lounge with complimentary beverages and snacks
- Heated herbal neck wraps to help you relax before services
- Robes, slippers, and lockers available upon request
- Private men's and women's lounges with showers and steam rooms\*
- \*Steam room sessions are available by appointment only, at no additional charge. So our guests may enjoy a private experience, each 30 minute session is limited to ONE reservation group (or single reservation-holder) at a time.
- Our co-ed infrared sauna is available by appointment. 30 minute sessions are limited to two guests at a time at a rate of \$45 (or \$25 when added on to a spa service).
- Alcoholic and non-alcoholic spa cocktails, Prosecco, and soft drinks are available for purchase at our reception desk.
- Outside food and beverages are not allowed inside the spa.
- Our Spa Boutique is open to the public daily and features world-class health and beauty brands, like Pevonia, Farmhouse Fresh, Eminence Organics, Davines, and Jane Iredale Cosmetics! Spa Gift Certificates are also available for purchase.

## Couples and Groups

We are committed to making your spa experience memorable, enjoyable, and highly personalized.

Based on availability, we may be able to perform side-by-side massage services from our menu in a private couple's suite.

Contact us today to learn more about booking a spa day for your group or a multi-service day of pampering for yourself.

Our team will help you create a customized treatment plan that is perfect for YOU!

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Follow us online [@griffingatespalex](https://www.instagram.com/griffingatespalex)

